



PRE-TREATMENT ADVICE:

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1. Do not take any anti-inflammatory medication such as aspirin, paracetamol etc as well as **blood thinners** including fish oil.
2. Please do not drink **alcohol** 24 hours prior to the treatment.
3. Consult your **doctor** for any specific concerns such as recent surgery or current medications, particularly blood thinners.
4. Contact lenses should not be worn during an **eyeliner** procedure and 2 days after it.
5. Please remove your **lash extensions** at least 24 hours prior your eyelid tattooing session. Please don't undertake following lash extensions, fake magnetic/glued lashes, lash lift/tint for as long as it's possible in frame of your internal healing time frame (Age +10 days). All types of burdens on the skin tissue in the healing area cause quick colour fade.
6. Please **do not shape or wax** your brows before the procedure. Waxing is a trauma for your epidermis. In addition your technician needs to see the area of your natural hair growth to shape your eyebrows including all hairs which will work in the most beneficial way for your new shape.
7. **Botox, light AHA peelings** and retinoids should be avoided for 2 weeks prior to the procedure.
8. Exfoliating treatments such as **microdermabrasion** should not be performed within 2 weeks prior to procedure.
9. Any **traumatic procedures** such as serious chemical and laser peels, laser rejuvenation, IPL, micro-needling, hifu in cosmetic tattooing area should be avoided no less than 6 weeks prior to procedure.
10. Patients prone to **cold sores/fever blisters/herpes** are advised to take vitamins prior to treatment and an anti-viral medicine after the treatment Famvir, Famciclovir 500 mg, 3 tablets at the same time.
11. In case of **lip tattooing on dry lips** please apply fine scrub, effective lip softening balms or Nappy Rush Bepanthen for up to 2 weeks prior the tattoo session to be sure that your lips have no dry areas. If on the day of the session you will have any dry spots on your lips it may cause the absence of colour after healing in those areas and the additional perfecting session will be required with additional fee according to a regular touch-up price.
12. If you have a **significant skin damage** caused by age, sun burn, scarring including scars from surgeries, traumas, chicken pox, acne, cold sores, microblading etc, you should be ready that this damaged tissue will take the colour and heal differently than healthy areas and an additional perfecting session with an additional fee may be required.
13. **Hormone therapies** can affect pigmentation and/or cause sensitivity.
14. Please be sure that you have no **period** for eyeliner and lips treatment, it can cause sensitivity.
15. Please be sure that you are **not pregnant**.
16. If you are **breast feeding** mum please be sure that you feed baby for at least 6 month without any instability.
17. Check the list of **contraindications**:
 - any virus and bacterial diseases in an active stage, immune system disorders: autoimmune diseases, immunodeficiency, including HIV, herpes in exacerbation stages, virus/allergic conjunctivitis, psoriasis, neurodermatitis, allergic diseases, cancer diseases,
 - allergy to topical anesthesia components such as Lidocaine, Prilocaine, Benzocaine, Tetracaine and Adrenaline (Epinephrine)
 - allergy to metals such as Iron, Titanium, Nickel which can be in composition of some pigments.
 - dermal diseases, atypical changes of integuments, including benign and malignant tumors, pigmentation abnormalities, including erratic ones,
 - diabetes mellitus, any serious illness of internals a renal, liver failure,
 - predilection of a skin to form keloids,

- hemophilia and other abnormalities of coagulability of a blood, high blood pressure,
- alcoholic or drug intoxication, epilepsy or mental disorders,
- hormonal diseases, including thyroid disorder, pregnancy and breastfeeding period (especially in the beginning),
- therapy period of antibiotics, hormonal drugs, drugs influencing change of coagulability of a blood.

If the you are under one of these states it is recommended to cancel the procedure or proceed with written **consent of your doctor**. In some light cases of **chronic disorders** we can still perform PMU procedures, however you should be aware that an additional perfecting session may be required precisely because of your medical condition, skin state and healing process particularities and **additional touch-up** fee will be applied.

BEAUSHADE PMU ACADEMY & COSMETIC TATTOO STUDIO